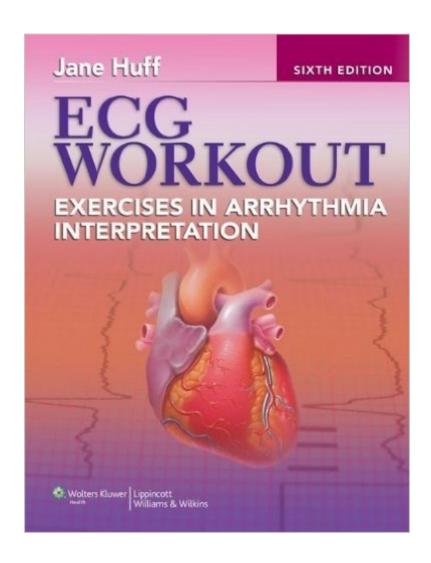
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ECG Workout: Exercises In Arrhythmia Interpretation (Huff, ECG Workout)





Synopsis

This outstanding text and workbook is the leading reference for students, practicing nurses, paramedics, and other health professionals learning ECG interpretation. Thoroughly updated with new figures and easy-to-follow text, Â ECG Workout is an excellent guide to rhythm analysis that builds on the student's knowledge in a step-by-step fashion to broaden understanding of essential ECG concepts and hone the skills necessary to confidently and accurately interpret ECG waveforms. Coverage includes cardiac anatomy and physiology, electrophysiology, waveforms, arrhythmias, and pacemakers. The book includes over 600 ECG strips illustrating a wide variety of conditions, end-of-chapter practice tests, a comprehensive posttest, a glossary, and answer keys at the back of the book. Handy bonus flashcards provide additional practice. The latest ACLS guidelines are also included.

Book Information

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Customer Reviews

I recently graduated from nursing school and have started working in a medical ICU. ECGs are part of the job and I had zero background with this material from nursing school. The hospital has a pretty rigorous course of online modules to study and although they were thorough, at the end I was still left wondering what is the best way to remember these rhythms? Well, that's where this ECG Workout book comes in. There are 3 things that make it a great learning tool and resource: 1)cheat sheets 2)tear out rhythm cards 3)practice strips divided by types of rhythm. Let me elaborate

further...Cheat Sheets - at the end of each rhythm section (ex. atrial arrhythmias) there would be a 1-page summary sheet of the key features to look for in each rhythm. I used these to help me identify the rhythms in the following pages of practice strips.Rhythm Cards - these are like tear-out flashcards. Ironically I had planned to make some to help me remember the particulars of each rhythm, but this book did it for me! Nice formatting, very thorough.Practice Strips - anyone who is working to learn ECGs knows that you can learn a rhythm, but none of the practice/test strips look like the "example" model you are shown. What I like in this book is that at the end of each section (atrial arrhythmias, ventricular arrhythmias, junctional arrhythmias...) each chapter has its own collection of 100 practice strips. So you take the 1-page cheat sheet for the section/chapter you are working in, and you know that the rhythms in the practice section will be one of those on the sheet. It takes away all the guessing of if the rhythm might be some other kind and it makes the study much more focused.

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